

2025 Women's Retreat Schedule

Thursday Evening, September 25, 2025

5:00 Arrive at LVR, Check-in, Unpack, Light Dinner
6:15 Intros, Info, & Icebreakers
7:00 Opening Worship & "Abide" Part 1
* Hanging, board games, laughing, talking, hot tub! :)

Friday, September 26, 2025

6:20 Sunrise Hike to Amphitheater, Meet in the Lodge
6:30 The Sweet Bean Café is Open All Day!!!
7:00-7:30 Body Drama with Jo Mama (Amphitheater, bring yoga mat if you have one)
7:30-8:15 Breakfast
8:30 Opening Hallelujah & Ti Talk

9:45 Choose Adventure(s) Session

- Short Hike to Eagles for Rock Climbing & Rappelling (10-12:30)
- Zipline (10-12:30)
- Earring Creations with Windie (10-11)
- Archery & Tomahawks (10-11)
- Staff-led Hike on Heavenly Ridge (10-12:15)
- Get a Massage (in Apartment; Sign-up!)
- Independent Bible Time, Quiet Prayer Time, or Crafts
- Coffee Tasting with Ellen in the Dining Hall (9:45-11:45)

12:30 Lunch

1:00 Country Store is open!

1:15 Flexology with Miciah in the Lodge and/or Dining Hall Patio, or Rest & Quiet Time

2:00 Choose Adventure(s) Session

- Questions for Wise Women due @ 2 PM
- Giant Swing (2:30-4:30)
- Staff-led Hike to Cedar Mountain (2:30-5)
- Hike to My Place w/optional Rappel (2-4)
- Learn to Clean Your Gun with Ted Gates in the Dining Hall (2-4)
- Get a Massage (Sign-up!)
- Independent Bible Time, Quiet Prayer Time, or Crafts

3:15-4:00 The Smoothie Bar is Open!!!

4:00 Pickup Volleyball Game

5:30 Dinner

7:00 Evening Worship & "Abide" Part 2

8:30 Trivia!! Wine, Indoor Games, Talking, Laughing, Soaking in the Hot Tub!

Saturday, September 27, 2025

6:20 Leisurely Sunrise Hike to Amphitheater
6:30 The Sweet Bean Café is Open All Day!!!
7:00-7:30 Body Drama with Jo Mama (Lodge, bring yoga mat if you have one)
7:30-8:15 Breakfast
7:45 Mandatory Range Safety Briefing in the Lodge (mandatory for anyone on the range, even spectators)
8:30 Opening Hallelujah, Wise Women Answer Questions

9:45 Choose Adventure(s) Session

- Hike to My Place with Optional Rappel (9:45-12:00)
- Self-led Fishing (10-12)
- Giant Swing (10-12)
- Shooting @ the Gun Range-Open Pistol/Shotgun (9:45-12:30)
- Bead Plants with Windie & Briana in Moose (10-11)
- Leisurely Hike on Grinder Trail (10-12:15)
- Potential Zipline (10-12:30)
- Get a Massage (Sign-up!)

12:30 Lunch

1:00 Country Store is open!!

1:15 Praying Through Scripture with Kathy Jackson in Moose Manor, or Rest & Quiet Time

2:00 Choose Adventure(s) Session

- Self-led Fishing (2-3:30)
- Shooting @ the Gun Range-Open Pistol & Shotgun (2-3:45)
- High Ropes Course (2-3:45)
- Get a Massage (Sign up!)
- Independent Bible Time, Quiet Prayer Time, or Crafts

2:30-3:15 The Smoothie Bar is Open!!!

4:00 Evening Worship & "Abide" Part 3

5:30 Dinner

7:00 Sip & Paint with Kiwi

8:00 Indoor Games, Wine, Finish Your Painting!!

8:30 Campfire Worship, S'mores, Soak in the Hot Tub!

Sunday, September 28, 2025

5:30 Sunrise Hike up Cedar Mountain; Meet at Moose

6:30-8:30 The Sweet Bean Café is open!!!

7:30-8:30 Breakfast

9:00 Closing Worship

10:30 Country Store is Open!

Clean-up, Pack-up, Head-out